

**Kimberly School District  
Athletics  
Covid-19  
Policies and Procedures**



## IHSAA SCHOOL REQUIREMENTS

1. All schools who host events are required to have a plan in place for fans and team's attendance. This must include reference to the Governors reopening guidelines for Stages 1, 2, 3 and 4. Each district's school board, in conjunction with guidance from the local health department must approve the plan before games can be hosted.

a. School districts may use the Governors reopening guidelines or come up with guidelines of their own, in conjunction with guidance from the local health department.

2. A transportation plan, when applicable, for practices and games.

3. Plan to deal with positive test of student athlete or coach involved directly with the program formulated in conjunction with the local school board and local health department.

4. Return to participate plan formulated in conjunction with the local school board and local health department.

\*This document provides guidelines for school athletics and activities in correlation with the 3 criteria in the Back to School Framework plan. Note: when a school, schools, or district are closed due to COVID-19, all training, practice, and contests for the school(s) or district should also be canceled.

The Following Categories/Colors  
Refer to the State Board of Education Back to School Framework

### Athletic Guidelines Specific to Category 1

#### **Green**-*Minimal Community Spread*

***\*All Activities can practice and compete \*Fans may attend, \* Physical Spacing and masks recommended. \*Student body section masks required.***

- Assumption of the risk and waiver of liability relating to coronavirus form must be signed/agreed upon by all athletes and parents/guardians of athletes who wish to participate in athletics during the 2020-2021 seasons.

- Student athletes will provide their own hydration source and will not share hydration sources. Kimberly Athletics will not provide water bottles, water tanks, and/or jugs.
- Athletes, coaches, and other staff alike will wash/sanitize their hands on a frequent basis during the day, practices, and events.
- Hand sanitizing stations will be provided at various convenient locations by Kimberly School District, for use by all athletes, coaches, support staff and fans.
- Considerations for Parents: (A family's role in maintaining safety guidelines for themselves and others): • Encourage parents to carefully monitor the health of their children and entire household before participating in practice and competition (if there is doubt stay home).
- In the event that a student-athlete, coach, or support staff is feeling ill it is recommended by Kimberly School District that individual stay home and not return to play/coach until he/she is feeling well again.
- In the event that an athlete, coach, or support staff individual tests positive for COVID-19, **Please see guidelines for testing positive and return to play at the end of this report.**
- We encourage all fans and spectators to maintain physical spacing in accordance to the 6 ft rule.
- Coaches and support staff will sanitize equipment on a daily basis.
- All KSD athletes and coaches will be required to wear masks on the bus to and from practices and competitions. Masks are also required in the training room. *St. Luke's requirement.*
- KSD athletics will continue to monitor the COVID-19 pandemic and modify all plans and guidelines based on the color (Green, Yellow, Red) or category (1, 2, 3) of the State of Idaho's Rebound plan and the IHSA and NFHS guidelines.

## Athletic Guidelines Specific to Category 2

**Yellow**- *Moderate Community Spread*

*\*All Activities can practice and compete*

*\*Fans may attend with limited seating*

*\*Parents of players will have priority*

*\*Physical spacing and mask recommended*

*\*Student body section masks required.*

*\* Same 11 Requirements as **Green***

## Athletic Guidelines Specific to Category 3

**Red**- *Substantial community spread*

***All Activities stop practicing and competing***

## TRAVEL GUIDELINES

- Coaches, staff, and student athletes are required to wear masks at all times during travel on the bus. Multiple buses may have to be used to transport athletes to practices and games.
- KSD Players, coaches, Administration and fans will follow guidelines sent out from the home teams.
- When at all applicable our teams should dress at our home facilities and travel ready to play on arrival.
- Limit time spent in public places. Teams should eat meals at their hotel or on the bus whenever possible or outside in open places where physical spacing can take place.
- Limit time spent in contact with other athletes, coaches, and fans at each facility at home and away games.
- **Mask requirements from coaches, players, managers, game help, fans?**

## VISITING TEAM GUIDELINES

- Visiting teams are expected to provide their own water bottles. There will be a central location for water.
- Athletic trainers will be available pregame for visiting team needs.
- Visiting teams will be provided with a dedicated area for athletic training services and restrooms.
- All athletes and staff should avoid crowd interactions.
- When at all applicable, visiting teams will be asked to dress at their home facilities and travel ready to play on arrival. Restrooms will be made available.
- **Mask requirements from coaches, players, managers, fans?**

## SPECTATOR GUIDELINES

- Spectators will be allowed at events during categories 1 and 2 (**Yellow**) and (**Green**). Spectators are recommended to follow social distancing guidelines and spacing at all KSD facilities. KHS Parents of players will have priority to seating at home events.
- All spectators are recommended to wear masks throughout the duration of the event.
- **Masks?**

## **RESPONSE TO A SICK ATHLETE**

If a student athlete is experiencing any symptoms, he/she will reach out via text, phone call, and/or email to their Coach, Teacher, Athletic Trainer, AD, building Administrator.

- The building office personnel will call parents to notify of a sick child.
- Parents and student athlete need to be conscious of the following symptoms.
  - Cough
  - Shortness of breath
  - Fever of 100.4 degrees or higher
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell
  - Gastrointestinal symptoms (nausea, vomiting, diarrhea in the last 7 days not caused by a prescription medication)
- The Parent or student athlete will contact the Coach, Teacher, Athletic Trainer, AD, Building Administrator immediately if they come in contact with someone diagnosed with COVID-19 within the last 14 days.

### **If a student athlete tests NEGATIVE for COVID-19:**

- If a student athlete tests negative for COVID-19 and is symptomatic, they will be expected to enter self-isolation for 14 days from the time of onset of symptoms.
  - Recovery is defined as resolution of fever for 72 hours without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath).
- A student athlete will be cleared to return to play by their physician.

### **If a student athlete tests POSITIVE for COVID-19:**

- If a student athlete tests positive for COVID-19, he/she will quarantine for 14 days from the time of symptom onset and until 72 hours have passed since recovery, as defined previously.
- The student athlete should report a complete list of their signs and symptoms to their Physician.

- Student athlete should make a list of all individuals they have been in contact with in the last 14 days, to the best of their ability, and notify them of their infection status.
- If student athlete has been in contact with teammates and/or athletic department personnel within 14 days of testing positive for COVID-19, those individuals should be monitored closely and tested immediately if symptoms develop.

### **Return to Play after testing positive for COVID-19:**

Once the 14-day quarantine period is over and all signs and symptoms have resolved for at least 72 hours, the student athlete will follow up with their physician.

Student athletes will need to be cleared by their physician prior to returning to athletics. The athletic trainer will supervise re-conditioning and appropriate return to full participation.

**Assumption of the Risk and Waiver of Liability**  
**Relating to Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

The **Kimberly School District** has put in place protective measures to reduce the spread of COVID-19; however, the **Kimberly School District** cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending activities on the campuses of the District could increase your risk and your child(ren)'s risk of contracting COVID-19.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and on behalf of myself, my child(ren), my and spouse/co-parent of child(ren) voluntarily assume the risk that my child(ren) and I, and any member of my family, may be exposed to or infected by COVID-19 by attending activities on MDSO campuses and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 while on MDSO campuses may result from the actions, omissions, or negligence of myself and others, including, but not limited to, MDSO employees, agents and representatives, volunteers, program participants and their families and/or any other individual who may be present upon school property or in attendance at any school activity.

I voluntarily agree to assume, on behalf of myself, my child(ren), and my spouse/co-parent of child(ren) all risks and accept sole responsibility for any injury to my child(ren), myself and any member of my family, (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, my child(ren) and/or members of my family may experience or incur in connection with my child(ren)'s attendance in activities or participation in MDSO programming ("Claims"). On my behalf, and on behalf of my children and/or members of my family, I will advance no claim and I hereby release, covenant not to sue, discharge, defend, indemnify and hold harmless the MDSO, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of MDSO, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any MDSO activity.

Additionally it should be noted that the laws of the state of Idaho provide for numerous immunities for schools should something occur to a student or to the family of a student as a result of activities on school property. In addition to this Agreement, these immunities remain intact.

I agree that my child will act in conformance with all safety and sanitation requirements, as well as all social distancing and mask requests. I understand that if my child fails to follow these regulations the ability of my child to participate may be suspended, revoked or otherwise negatively impacted.

To prevent the spread of COVID-19 your participation is important to help us take precautionary measures to protect you, your Child(ren) and everyone on campus. If you child has been in close contact or been diagnosed with COVID-19, please honor quarantine standards and not have your child present at or participating in school activities. If you child has been diagnosed with COVID-19 the District requests that you provide a medical release for your child to return to participation. Likewise, if your child is ill, please do not expose the school's students and personnel to your child's illness.



The coaches and activity personnel will have access to thermometers and if a student is not feeling well and has a fever they will be separated and asked to go home until they are fever free for a period of 48 hours.

NOTE: Activities may be suspended consistent with CDC guidelines, if community spread of COVID-19 is identified in the region.

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Signature of Parent/Guardian

Date

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Print Name of Parent/Guardian

Name of Club Participant(s)

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Signature of 2<sup>nd</sup> Parent/Guardian

Date

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Print Name of Parent/Guardian

Name of Club Participant(s)