## DISTRICT IV RECOMMENDATIONS FOR SUMMER ACTIVITIES

**Goals for Summer Programs** 

- 1. Protect the health and safety of students, coaches and spectators- physical, emotional and mental.
- 2. Consistency with Governor Little's stages in Rebound Idaho.
- 3. Level and consistent playing field for all schools in District IV.
- 4. Adaptability and flexibility as we learn and things evolve with COVID 19.

AD's and coaches will work together to create plans for their school based on the following information. Key aspects to consider when planning

- Scheduling
- Communication
- Following guidelines
- Facemasks as needed
- Areas to sanitize. Who's paying for it? Are sanitizing/deep cleaning dates built in the summer schedule?
- Sanitize all equipment (before and after)
- Keep athletes in same groups throughout the summer (especially in June)

All Stages – individuals should continue to: Engage in physical distancing of at least six feet, wear face coverings in public places, stay home if sick, practice good hand hygiene, cover coughs and sneezes, disinfect surfaces and objects regularly.

The following plan is subject to change based on local health district guidelines and policies.

No activity will begin until Monday, June 1st, 2020. We would hope all schools and all school personnel would comply with guidelines. This includes all activities on or off school property.

May 30-June 12, 2020 (Stage 3)- Stage 3 only if Stage 2 is met and satisfied

- Groups of <u>less than 50 people</u> where appropriate physical distancing and precautionary measures are observed. No competition between other schools.
- Weight Room
  - Allow the appropriate number of people where social distancing may be maintained
  - o Spotting/Safety procedures should not be minimized due to social distancing.
  - Space out to minimize contact
  - o A disinfectant should be used after each session
- Gymnasium- CDC <u>Guidelines</u> on Gymnasiums
  - No more than 20 people in the gym
  - o Drills for individual development only
  - No full competition or drills that will not support social distancing
- Stadium (Outside Spaces)
  - No more than 50 people on the playing field
  - o Conditioning and Drills that allow for appropriate distancing.
  - No game like competitions.
  - All high school club sports, American Legion, softball, volleyball, basketball, wrestling,
     City Rec Departments, etc. must follow these guidelines when using District IV facilities.

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June 13<sup>th</sup>-26<sup>th</sup>, 2020 (Stage 4) State 4 only if Stage 3 is met and satisfied

- Groups of <u>more than 50</u> people where appropriate physical distancing and precautionary measures are observed can occur. Intrasquad scrimmages are acceptable. No FANS in attendance.
- Weight Room
  - The number of participants may increase as long as appropriate physical distancing is observed.
  - Spotting/Safety procedures should not be minimized due to social distancing.
  - Space out to minimize contact
  - A disinfectant should be used after each session
- Gymnasium- CDC <u>Guidelines</u> on Gymnasiums
  - No more than 50 people in each gym that is available.
  - o Drills for individual development
  - Limited competition between members of practice groups
- Stadiums(Outside Spaces)
  - More than 50 people on the playing field
  - Conditioning and Drills that allow for appropriate distancing.
  - o Limited competition between members of practice groups
  - No full contact with football
  - All high school club sports, American Legion, softball, volleyball, basketball, wrestling,
     City Rec Departments, etc. must follow these guidelines when using District IV facilities.

June 27<sup>th</sup> - July 30<sup>th</sup> - All subject to change based on state and local health district guidelines
If all state criteria met and continued precautionary measures are observed the following can happen:

- Kids clinics/camps, athletic camps, and tournaments will be allowed per current guidelines (all local)
- No out of state travel to camps and/or tournaments
- Competition/Scrimmages allowed between schools. FANS ALLOWED (subject to change based on state and southwest district health guidelines)
- All high school club sports, American Legion, softball, volleyball, basketball, wrestling, City Rec Departments, etc. must follow these guidelines when using District IV facilities.