



October  
2025

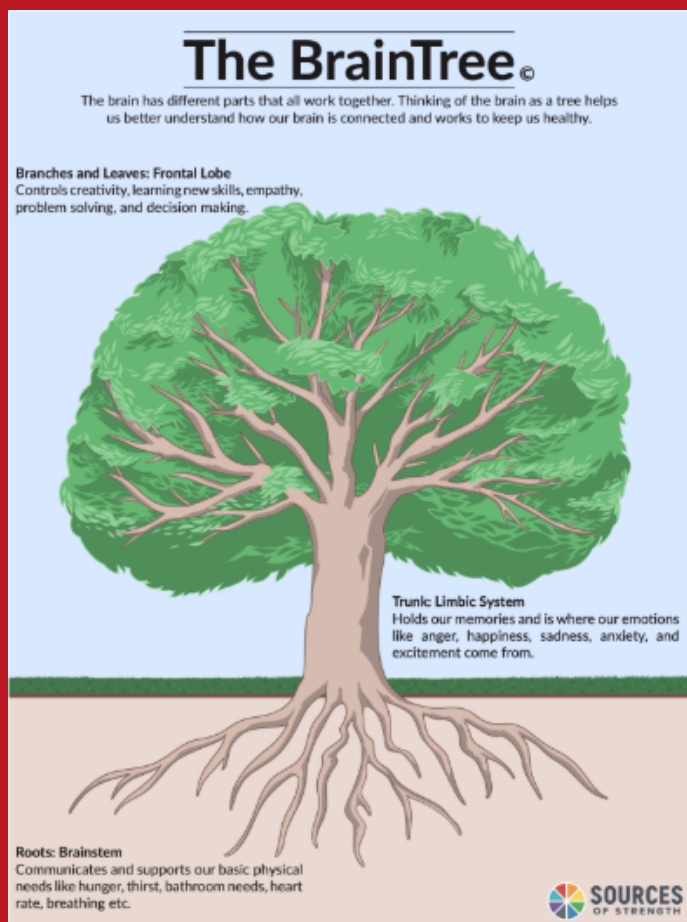
# Together We Grow

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## This Month at KES

This month Sources of Strengths lessons for K-2 are finishing up learning about the SOS wheel. For 3rd-5<sup>th</sup> grade the focus is shifting to learning about “The BrainTree”.



## Connection Point

Friendships grow over time and with support. If your child shares a tricky friend moment, ask follow-ups like, “What do you wish you had said?” or “What would you do differently next time?” You can also model boundary-setting by saying, “It’s okay to ask for space” or “You can say no kindly.” When reading or watching stories that involve friendship, pause to talk about fairness, kindness, or hurt feelings to build real-world friendship skills.

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## Guiding Words

**For Caregivers:** Belonging begins with small moments of connection, both at home and at school.

**For Students:** I choose words and actions that make me a good friend.

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## LET’S CONNECT!

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