

Supporting student & family well-being.



Professional Guidance

Get connected to a counselor for face-to-face or virtual sessions.



Community Resources

Gain access to resources available to you in your community.



The Next Step

Receive referrals for further treatment and assistance.



BPA
HEALTH



**BROUGHT TO YOU BY
YOUR SCHOOL DISTRICT!**

Funded by the State
Department of Education.



How it Works

The Student and Family Assistance Program (SFAP) is a free, confidential counseling, consultation, and referral service provided by your local school district in partnership with BPA Health, an Idaho-based company. This program provides short-term, solution-focused assistance to enrolled K-12 students and their immediate families. You have access to five free counseling sessions; per individual, per program year, per issue.

With a robust network of licensed and specialized clinicians across the state, BPA Health Service Navigators are ready to connect you to the providers and resources you need when you need them.

Mental & Behavioral Health

Academic Pressures

Stress Management

Family Conflict

Marital & Relationship Conflict

Alcohol and Drug Use

Anger Management

Legal & Financial Resources



8050 W. Rifleman St. Ste. 100 Boise, ID 83704
M–Th: 8 am–6 pm, F: 8 am–5 pm (MST)

833-935-3816 Or text us at 208-336-4275.

Crisis counselors are available 24/7.



BPAhealth.com/SFAP

Accessible in multiple languages!